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THE FORMATION OF THE PROFESSIONAL SOCIO- PSYCHOLOGICAL NURSING COMPETENCE

The aim of this work is to analyze the professional socio-psychological nursing competence system.

The development of modern society and the process of reforming nursing education in Ukraine have essential changes in the area of interaction between patient and nurse. Nurses are also given new opportunities to train, to improve and play an integral role in leading change of health care system. Understanding these opportunities and taking into an account a global experience of implementing the nursing process in practice, we consider qualified masters-prepared nurses as a major item in performing individual socio-psychological training.

All the nurses need to possess basis competences to meet the demands of society with an emphasis on socio-psychological training. Some programs are working to incorporate these concepts into nursing education. Studying professional competence and continuous learning opportunities are essential items to a profession that is responsible for other's lives [1].

Effusive nursing practice requires the ability to recognize a model of social competence and handle responses in relationships with patients and their families. The research underlines the challenges nurses encounter when seeking to assess a student's development of emotional competence (psychological) during working with patients and training [2].

The research helps to build the scientific foundation for improved nursing education, including professional socio-psychological competence of nurses. The emphasis should be on quality and safety, evidence-based practice, rehearsal, leadership.

Objective: Working-out the training program of socio-psychological competence development, analyzing theoretical principles and practical approaches of the formation of professional socio-psychological nursing competency.

Tasks:

- to carry out theoretical and methodological analysis of the problem of social and psychological competences in medical and psychological, pedagogical literature;
- to determine the structure of the social and psychological competence of nurses;
- to examine the level of social and psychological competence of nurses its character in the course of professional training;
- to examine the model of socio-psychological competence of nurses;
- to test the effectiveness of the professional training of socio-psychological competence in high school;

- to work-out the program of socio-psychological competence development of nurses and to check its effectiveness.

The findings of the study indicate a need for definition of what competence is in nursing. It is argued that educators and practicing nurses must uphold the expectation that socio-psychological, emotional competence is a requisite ability and should themselves be able to role model emotionally competent communication [2].

Under the socio-psychological competence I. Yermakov understands the individual's ability to interact effectively with people in the system of interpersonal relationships and includes the ability to navigate social situations correctly, identifies personality traits and emotional state of others, chooses appropriate ways to communicate and implements them in the process of interaction between nurse and patient [3].

The factors connected with nurse competence need deeper exploring. Professional competence in nursing indicates sufficiency of knowledge and skills, responsibilities and requirements that enable someone to act in a wide variety of situations. According to L. Lepikhova's opinion there is a list of the most important characteristics for effective professional activity:

- social intelligence;
- adaptation to social situations;
- personal flexibility;
- verbal understanding;
- personal strength;
- advanced leadership;
- confidence;
- life-long learning process;
- successful perform;
- professional mobility;
- self-regulation;
- personal growth [4].

The findings of study allow us to make the assumption that innovative education and training of competent nurses, and professional development contemporary instable circumstances play a significant role in the evaluation of socio-psychological nursing competence. It is necessary to upgrade nursing professional training at all levels of nursing education in Ukraine.

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